

Brian Yersky

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D.O.B.

1/13 – Age: 25

Education:

2000 Graduate of Brookfield High
Senior Standing at Youngstown State University
-Major: Kinesiology -Minor: Exercise Science
Certified Personal Trainer

Occupation:

Self-Employed Contractor
Independent Personal Trainer
Bodybuilding/Fitness Model

Bodybuilding

Contest History:

(All NPC Sanctioned)

2005

-2nd Novice & 4th Heavyweights 2005 Mike
Francois Classic (*1st Time Competing*)
-1st Heavyweights 2005 John Seif Classic
-1st Super-Heavyweights & 1st Novice Heavyweights &
Novice Overall Winner 2005 Tri-State Championships
-1st Super-Heavyweights 2005 Ohio State
Championships
-1st Super-Heavyweights & 1st Junior Division 2005
Mid-Atlantic Grand-Prix

2006

-1st Super-Heavyweights 2006 Pittsburgh Championships
-1st Super-Heavyweights 2006 Mike Francois Classic
-1st Super-Heavyweights & Overall Winner 2006 Ultimate
Bodybuilding Showdown
-13th Super-Heavyweights 2006 Jr. Nationals
-3rd Super-Heavyweights 2006 Los Angeles Open
-1st Super-Heavyweights 2006 Ohio State
Championships

2007

-1st Super-Heavyweights 2007 Jr. California
Championships
-1st Super-Heavyweights 2007 Collegiate Nationals

2008

-3rd Super-Heavyweights 2008 Jr. USA's

Measurements:

Height: 5'10''

Weight: Contest ('08): 240 / Offseason: 285

Projected Contest ('09): 247

Chest: 56

Shoulders: 66

Waist: Contest: 30 / Offseason: 34

Quads: 31

Calves: 20

Arms: 22

Magazine Exposure:

Musclemag International

Reps

Ironman

Flex

Body Fitness

Muscular Development

Planet Muscle

Status Fitness

Pumped

Photographer History:

Robert Reiff (2)

Alex Ardent

Bill Comstock

Jason Mathis (3)

Terry Goodlad

Jerry Fredrick

Mike Neveux (3)

Ralph Dehann (3)

Ian Sitren

David Paul

2008 Contest Plans:

Jr. Nationals in Chicago, Ill.

2008 Met-Rx Appearances:

Teen, Collegiate, and Masters Nationals in Pittsburgh, PA

USA's in Las Vegas, NV

North American Championships in Cleveland, OH

Mr. Olympia Expo in Las Vegas, NV

National's in Atlanta, GA